

INSPECTION REPORT

11TH WBPF EUROPEAN BODYBUILDING
AND PHYSIQUE SPORTS CHAMPIONSHIPS
FOR MEN AND WOMEN
& 11TH EBPF ANNUAL CONGRESS



JUNE 19th-21st 2020
TURIN, ITALY



WELCOME MESSAGES:

Dear Delegates, Athletes and Bodybuilding and Physique Sports Enthusiasts,

WBPF Italia is proud to host the 11th WBPF European Bodybuilding and Physique Sports Championships in the City of Turin, Italy.

The organizing committee of the 11th WBPF European Bodybuilding and Physique Sports Championships 2020 wishes to extend a warm welcome to all member countries of the EBPF (European Bodybuilding and Physique Sports Federation).

We wish to extend our great pleasure and warm welcome to our guests of the 11th European Bodybuilding and Physique Sports Championships 2020 in the city of Turin. This outstanding international event is being organized for the first time in our country, and we are proud that we have been given the honor to host these championships. We are honored that the EBPF has given the confidence and trust to WBPF Italia as a host of these continental championships of Europe in our country. We assure you that during your visit, we will do our utmost best to make your stay comfortable, memorable and entertaining and make these championships a great success.

We welcome all WBPF/EBPF officials, all participants, delegates, guests and supporters and wish everybody an enjoyable stay in our country.

Sincerely yours,

The Organizing Team of the 11th WBPF European Championships

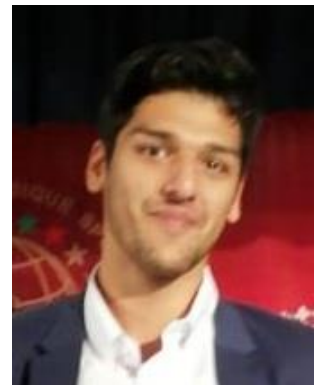


Vittorio Panzeri

WBPF Italia President

WBPF Science & Research
Committee Secretary

EBPF Vice-President for South
Europe



Victor Raj Panzeri

WBPF Italia Vice President for
North Italy



MESSAGE

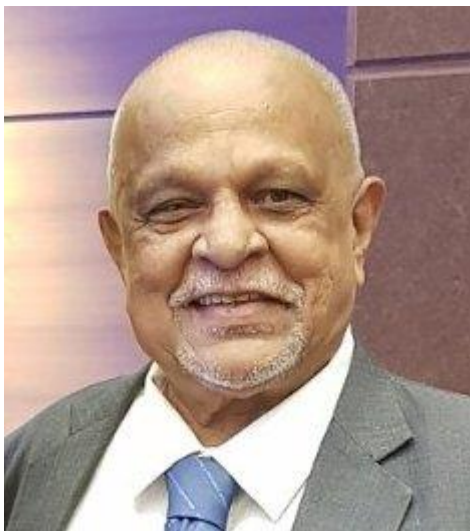
It is with almost pleasure that I send you this Message from the World Bodybuilding and Physique Sports Federation (WBPF).

I am pleased to learn that my dear friend Mr. Panzeri Vittorio, President of WBPF Italy and his son Victor are organizing the 11th WBPF European Bodybuilding and Physique Sports Championships in the city of Turin, Italy from 19th to 21st June 2020.

Some of the best athletes from all over Europe will be participating here as this is a very important event.

I wish to congratulate Mr. Panzeri and Victor and his organizing committee in making these events a great success.

These championships will be supervised by our dear colleague and friend Mr. Axel Bauer, President of the European Bodybuilding & Physique Sports Federation (EBPF). Axel's dynamism shines through the dramatic development of our sport in Europe, and as President of WBPF, I wish to congratulate him and his Committee for their hard work and dedication.



Datuk Paul Chua

President World Bodybuilding and Physique Sports Federation (WBPF)



DEAR DELEGATES AND ATHLETES,

It is both a great honor and pleasure to announce that the 11th WBPF European Bodybuilding and Physique Sports Championships will be organized and conducted this year by WBPF Italia under the capable leadership of President Vittorio Panzeri.

This important event will be celebrated in the famous city of Turin, the capital of the region Piedmont in the northwest of Italy and host of the 2006 Winter Olympics, and for the first time it will be organized by our experienced and capable member in Europe, WBPF Italia. Its President Vittorio Panzeri is the Secretary of the WBPF Science and Research Committee and the EBPF Vice-President for South Europe and he is also supported by his son Victor Raj.

The team of WBPF Italia is an important member in Physique Sports in Europe and the World and is doing a great job year after year since the formation of EBPF and I am convinced that all participating federations with all their teams will have a great time in the beautiful country of Italy.

It is definitely worth to stay a couple of more days after the Championships to enjoy the historic city of Turin or visit the Piedmont with its nearby Lago Maggiore and the Alps.

The organizing committee of WBPF Italia will do its utmost best to make your stay comfortable, memorable and unforgettable and I am sure that everybody will bring back great memories from these historic 11th WBPF European Bodybuilding and Physique Sports Championships.

Yours in Sport,



Mag. Axel Bauer

EBPF President

WBPF Vice President for Europe



AIRPORT

Turin Airport (Italian: *Aeroporto di Torino*) (IATA: TRN, ICAO: LIMF), also known as Turin-Caselle Airport (*Aeroporto di Torino-Caselle*), is an airport located at Caselle Torinese, 16 km (9.9 mi) north-northwest of the city of Turin. It is also named Sandro Pertini Airport (*Aeroporto Sandro Pertini*), after former Italian President Sandro Pertini. The airport is connected by rail to the city of Turin by the Ferrovia Torino-Ceres, operated by GTT as line A of Turin metropolitan railway service and by shuttle bus, operated by SADEM.



AIRPORT SHUTTLE SERVICE

On arrival the participants in the WBPF European championships will find a person from the organizing committee who will welcome them and assist them in the transport from the airport to the hotel. Participants will be able to enjoy the public bus that departs from the airport every 30 minutes and arrives at the hotel in ten minutes.

HOST CITY

Turin is the capital of Piedmont and is known for the refinement of its architecture and cuisine.



The Alps rise to the north-west of the city. Sumptuous Baroque buildings and ancient cafés line the avenues and grandiose Turin squares, such as Piazza Castello and Piazza San Carlo.





Nearby stands the high spire of the Mole Antonelliana, from the 19th century, which houses the interactive displays of the National Cinema Museum. Another interesting building is the Museo Egizio (Italian for "Egyptian Museum") that is an archaeological museum specializing in Egyptian archaeology and anthropology. It houses one of the largest collections of Egyptian antiquities, with more than 30,000 artefacts.

A city with a two-thousand-year history, it was probably founded near the present position, around the third century BC, by the Taurini, then transformed into a Roman colony by Augustus with the name of Iulia Augusta Taurinorum in the first century BC. After the Ostrogoth rule, it was the capital of an important Lombard duchy, to then pass, after becoming the capital of the Carolingian brand, under the nominal rule of the Savoy in the 11th century. City of the duchy of the same name, in 1563 it became its capital. From 1720 it was the capital of the Kingdom of Sardinia (even if only de facto until the perfect merger of 1847, when it also formally became it), a state that in the nineteenth century would have led to Italian unification and which made Turin the first capital of the Kingdom of Italy (from 1861 to 1865).



It was the home, native or adopted, of some of the greatest Italian writers and writers of the nineteenth and twentieth centuries, including Edmondo De Amicis, Emilio Salgari, Italo Calvino, Natalia Ginzburg, Norberto Bobbio, Cesare Pavese and Primo Levi. Venue in 2006 of the XX Winter Olympic Games, birthplace of some of the major symbols of Made in Italy in the world, such as Martini, gianduia chocolate and espresso, it is the fulcrum of the Italian automotive industry, as well as an important center of the publishing, banking and insurance, information technology, cinema, food and wine, the aerospace sector, industrial design and sport.

The Juventus Museum, called the J-Museum, is a sports museum dedicated to the most



decorated football club in Italy, Juventus F.C. The museum is part of a complex surrounding Juventus Stadium; it is entirely bilingual in Italian and English.

VENUE SITE

The prestigious Congress Centre is equipped with numerous conference halls of which 2 can accommodate up to 500 people, and can boast the most modern conferencing technologies available. The registration/weigh-in, competition, lunch, dinner and farewell party are there.

Venue: Hotel ATLANTIC Congress Centre
Via Lanzo 163-165
10071 Borgaro Torino, Italy
Tel. +39 011 450 0055

OFFICIAL HOTEL

The Hotel Atlantic Congress & Spa is a 4-stars-hotel of modern conception, elegant and refined taste and a warm and welcoming atmosphere, ideal for both business meetings and a relaxing, well-deserved rest after a busy day. Situated in a strategic location just to the north of the city of Turin, it is just 3 km from the international airport at Caselle, 2km from the Borgaro junction of the city's bypass ("tangenziale"), which connects all the major roads leading in and out of Turin, and



7km from the city center.

The real "jewel in the crown", however, is the Ristorante Il Rubino! This is no traditional hotel restaurant, but one of class, elegance and with delicious aromas and flavors.

Since May 2012 the brand-new Spa Wellness Center with indoor pool AquaAura is available to customers. There are also a large number of parking spaces as well as underground parking facilities.

Hotel ATLANTIC Congress Centre & Spa

Via Lanzo 163-165

10071 Borgaro Torino, Italy

Tel. +39 011 450 0055

Fax: +39 011 470 1783

www.hotelatlantic.com






The room rates are as follows:

Single economy room: **60 EUR** / room / night including breakfast

Double economy room: **80 EUR** / room / night including breakfast



IMPORTANT NOTICE!

-  The hotel accommodation must be arranged **INDIVIDUALLY!**
-  The room prices don't include the hotel's deposit and the city tax (1,60 EUR per day)!
-  If the recommended hotel is fully booked please let the organizers know in order to provide another optional hotel!

REGISTRATION FEE

Each official participant (athletes and delegates, including delegates without competitors), must pay the registration fee to the organizing committee.

	Includes:	Doesn't include:	EUR
A Registration fee for Delegates & Judges	 Free entries  VIP area access (with refreshments)  Lunch (Saturday, Sunday)  Gala Dinner (Sunday)  Diploma and Gift	 Transfers  Accommodation  Breakfast	160
B Registration fee for Athletes	 Registration fee for the whole competition  Packed Lunch (Saturday, Sunday)  Gala Dinner (Sunday)  Diploma and Gift	 Transfers  Accommodation  Breakfast	160
C Backstage access / person			30
D Gala dinner / person			60



Extra dietary dinner / portion

Available at the venue site on Friday and Saturday

This fee will be collected at the time of Official Weigh-In & Registration by the Organizing Committee. The team managers of each country have to pay the registration fee of the whole national team. Only Cash Payments in EUR will be accepted for registration fees. ATM machines are available near the event hall where you can withdraw cash with a credit card.

DISCIPLINES and CATEGORIES (tentative): Total thirty-eight (38) categories

FITNESS PHYSIQUE	MEN	Senior	one open
	WOMEN	Junior (up to 23 yrs)	one open
		Senior	one open
MODEL PHYSIQUE	WOMEN	Junior (up to 23 yrs)	one open
		Senior	up to 160 cm
			up to 165 cm
			up to 170 cm
			over 170 cm
		Lady (over 35 yrs)	one open
SPORT PHYSIQUE	MEN	Senior	up to 170 cm (-2 kg)
			up to 175 cm (0 kg)
			up to 180 cm (+2 kg)
			over 180 cm (+4 kg)
	WOMEN	Senior	up to 165 cm
			over 165 cm
		Lady (over 35 yrs)	one open
ATHLETIC PHYSIQUE	MEN	Senior	up to 167 cm (+4 kg)
			up to 175 cm (+6 kg)
			up to 182 cm (+8 kg)
			over 182 cm (+10 kg)
	WOMEN	Senior	up to 165 cm
			over 165 cm
		Lady (over 35 yrs)	one open
MUSCULAR PHYSIQUE	WOMEN	Senior	one open



BODYBUILDING	MEN	Junior (up to 23 yrs)	one open
		Senior	up to 60 kg
			up to 65 kg
			up to 70 kg
			up to 75 kg
			up to 80 kg
			up to 85 kg
			up to 90 kg
			up to 100 kg
			over 100 kg
		Master	40-49 yrs / up to 80 kg
			40-49 yrs/ over 80 kg
			over 50 yrs: one open
BODYBUILDING	Mixed Pairs	Senior	one open

IMPORTANT NOTICE!

- In Men's Athletic Physique up to 167 cm category the rate calculation is the following:
- up to 160 cm max. weight (in kg) = height (in cm) – 100 (max. + 2 kg allowance)

PRELIMINARY ENTRY AND FINAL ENTRY

Please co-operate and submit your entry forms in time as per deadlines indicated in the forms that is 20th April 2020 for the Preliminary Entry form and 18th May 2020 for the Final Entry form. All competitors register through WBPF Italia and EBPf (European Bodybuilding and Physique Sports Federation) and are requested to submit their International Entry Form by e- mail to:

- 1.) WBPF Italia: Mr. Vittorio Panzeri vittoriopanzeri51@gmail.com
- 2.) EBPf: President Mr. Axel Bauer office@ablaw.at

WEIGH-IN AND REGISTRATION

Weigh-In and registration will take place at Hotel Atlantic Congress Centre Theater on June 19th 2020 between 14:00-18:00 hrs.

It is the responsibility of the Chief Delegate or Team Manager to make sure that all athletes are on time for the Weigh-In and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will not be registered and cannot compete and will have to pay all of his expenses.

IMPORTANT NOTICE!

- 🏋️ Each athlete must bring his/her passport and posing music to the weigh-in and registration, failing which the athlete will not be processed.
- 🏋️ No G-String bikinis are allowed. A female athlete must comply with specification sheet attached and they must produce their bikinis for verification and approval for the competition at the Weigh-In area. The bikinis will be stamped with a marker as an approval by the Judge's Committee.
- 🏋️ During the Weigh-In, all female athletes should be properly dressed (sports clothing).
- 🏋️ At the opening ceremony, if you were to allocate female athletes, she should also appear in a track suit and not in bikini.





BACKSTAGE ACCESS / DRESSING ROOM ACCESS

Access to the backstage and/or dressing room areas shall be strictly limited only to those who have been issued an Entry Pass at the team manager meeting (Five or more competitors – two passes, less than five competitors – one pass) or purchased the backstage access.

TANNING & EXTRA SERVICES

IMPORTANT NOTE TO ALL ATHLETES!





-  Using Dream Tan or any other tanning cream is prohibited!
-  Athletes who use Dream Tan will be disqualified!

Pro Tan Europe will provide spray tan service during the competition. Additionally, make up and hairdresser-service will be also available. EBPF recommends using the services provided by the Official Tanning Team.

PLEASE BOOK YOUR TANNING UNDER THIS LINK:
<https://www.protan-europe.com/book-your-tan/210>

Pro Tan[®]
EUROPE Since 1987
www.protan-europe.com

PRICES:

- | | |
|---|---|
|  Tanning: | 60 Euro (2 layers + touch ups) |
|  Additional Layer: | 15 Euro |
|  Make up: | 50 Euro (including touch ups and fake eye lashes) |
|  Hairdresser: | 30 Euro (including touch ups) |

Some useful advices:

- DON'T USE deodorant / anti-perspiration sprays and lotion products in the morning of the tanning. The skin will not take in the color properly.
- WATCH OUT for the method of your depilation. Do not bruise your upper skin.
- DO USE skin peeling product (Get Buffed) starting with the last 2-3 days to get rid of the „dead skin“. By doing so you can avoid dotty and dirty-looking skin after tanning.

Special Services:

- WHOLE DAY CORRECTION - We will be there till the end of the competition to repair color or streak and put another oil/vasculizer if there will be more stage appearances.
- FIXING YOUR BIKINI - We can fix your bikini with our special product, Bikini Bite from Protan. It is included in the tanning service. It is washable with soap and smooth to your skin.
- PROFESSIONAL MAKE UP TEAM - Professional make up service will be available for you! We have been working together from the beginning so they really know how a perfect stage make up should look like.
- HAIR TOUCH-UP - Our hairdressers can do final touch-up on your hair. For women and men too!



CAMERA / VIDEO TAPE EQUIPMENT

Camera and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the WBPF authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

OPENING CEREMONY

National dress code or track suits to be worn by delegates and/or officials taking part in the Parade of Nations. Only one (1) delegate and one (1) competitor per country must take part in the Opening Ceremony.

NATIONAL ANTHEM/NATIONAL FLAG

You must provide one National flag of your country, the flag must be manufactured of dense silk and must measure no more than 2,5 m x 2,5m.

You must also provide your national anthem (shortened version) on cd or flash drive. Video or cassette is not acceptable.

TENTATIVE DAILY PROGRAM

June 19th 2020 (Friday)

Arrival of all participating teams and officials at Atlantic Hotel.

- 14:00-18:00 Registration/Weigh-In of all bodyweight categories and height measurements and checking of age groups
- 18:30-19:00 Team manager meeting
- 19:00-20:30 European Judges Seminar & Exam

June 20th 2020 (Saturday)

- 07:00-09:00 Breakfast in the hotel
- 09:00-10:00 EBPF Executive Council Meeting
- 10:00-11:00 EBPF Annual Congress
- 11:00-11:15 Judges Meeting
- 11:15-14:00 Competition
- 14:00-14:30 Greeting and Opening Ceremony (one delegate and one athlete on the stage)
- 14:30-19:00 Competition: (Total 17 categories)

1	Fitness Physique	Women	Junior (up to 23 yrs)	one open	routine
2	Fitness Physique	Men	Senior	one open	routine
3	Fitness Physique	Women	Senior	one open	routine
4	Model Physique	Women	Lady (over 35 yrs)	one open	
5	Model Physique	Women	Junior (up to 23 yrs)	one open	
6	Sport Physique	Women	Lady (over 35 yrs)	one open	
7	Sport Physique	Women	Senior	up to 165 cm	
8	Sport Physique	Women	Senior	over 165 cm	



9	Fitness Physique	Women	Junior (up to 23 yrs)	one open	quarter turns
10	Fitness Physique	Men	Senior	one open	quarter turns
11	Fitness Physique	Women	Senior	one open	quarter turns
12	Athletic Physique	Women	Lady (over 35 yrs)	one open	
13	Athletic Physique	Women	Senior	up to 165 cm	
14	Athletic Physique	Women	Senior	over 165 cm	
15	Muscular Physique	Women	Senior	one open	
16	Bodybuilding	Men	Junior (up to 23 yrs)	one open	
17	Bodybuilding	Men	Master (over 50 yrs)	one open	
18	Bodybuilding	Men	Master (40-49 yrs)	up to 80 kg	
19	Bodybuilding	Men	Master (40-49 yrs)	over 80 kg	
20	Bodybuilding		Mixed Pairs	one open	

18:00-19:00 Award ceremony

19:00-21:00 Dinner for all participants

June 21st 2020 (Sunday)

09:00-13:00 Competition: (Total 10 categories)

1	Model Physique	Women	Senior	up to 160 cm	
2	Model Physique	Women	Senior	up to 165 cm	
3	Model Physique	Women	Senior	up to 170 cm	
4	Model Physique	Women	Senior	over 170 cm	
5	Sport Physique	Men	Senior	up to 170 cm	
6	Sport Physique	Men	Senior	up to 175 cm	
7	Sport Physique	Men	Senior	up to 180 cm	
8	Sport Physique	Men	Senior	over 180 cm	
9	Athletic Physique	Men	Senior	up to 167 cm	
10	Athletic Physique	Men	Senior	up to 175 cm	

13:00-13:30 Lunch for the judges

12:00-14:00 Lunch for all participants

13:30-17:30 Competition: (Total 11 categories)

1	Athletic Physique	Men	Senior	up to 182 cm	
2	Athletic Physique	Men	Senior	over 182 cm	
3	Bodybuilding	Men	Senior	up to 60 kg	
4	Bodybuilding	Men	Senior	up to 65 kg	
5	Bodybuilding	Men	Senior	up to 70 kg	
6	Bodybuilding	Men	Senior	up to 75 kg	
7	Bodybuilding	Men	Senior	up to 80 kg	
8	Bodybuilding	Men	Senior	up to 85 kg	
9	Bodybuilding	Men	Senior	up to 90 kg	
10	Bodybuilding	Men	Senior	up to 100 kg	
11	Bodybuilding	Men	Senior	over 100 kg	

17:30-18:30 Award ceremony



18:30-19:00 Women's Model Physique Overall
Men's Bodybuilding Overall
Award ceremony
Special Award for Best Team: 1st, 2nd, 3rd places
20:00-24:00 Farewell Party at the hotel Atlantic (Dress code: elegant)

June 22nd 2020 (Monday)

Departure of all participants

IMPORTANT NOTICE!

Tentative Daily Program means that the categories are not fixed. It is possible that some categories can be moved from Saturday to Sunday and vice versa! The final program will be fixed at the Team manager meeting on Friday.

JUDGES

In order to assist the EBPF Judges Committee in their selection of judges for these Championships, please forward your nomination for Judges from your National Federation as soon as possible but no later than May 29th 2020. Judges must possess an International/Continental recognized judge's card and must produce it to the Judges Committee in Turin. Please send the nomination to Mr. Walter den Branden and c.c. to the EBPF Secretariat in Vienna:

Mr. Axel Bauer: office@ablaw.at

Mr. Walter van den Branden: wbpsfwalter@zeelandnet.nl

Kindly nominate the name of your judges in advance; last minute submissions will be rejected. All judges should use a grey suit with the official logo of WBPF and female judges with grey blazer with grey skirt or dress pants.

MEDIA ACCREDITATION

All media accreditation, except local media, shall be controlled by the EBPF. All persons wishing to obtain media accreditation for this event must register with the EBPF by completing and signing the EBPF Media Accreditation Form. The form must be submitted to the EBPF by E-mail at office@ablaw.at and vittoriopanzeri51@gmail.com no later than May 29th 2020.

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ATHLETES WITHOUT DELEGATES

All athletes competing at WBPF European Championships must be members in good standing of their National Federations. Any athlete who arrives without a Delegate must carry an Official Letter of Authorization of Participation from his/her National Federation, failing which the athletes will not be eligible to participate.



ATTENDANCE AT THE ANNUAL EBPF CONGRESS

All National Federations officially participating in the Championships must attend the Congress meeting, including National Federations with athletes and no delegates. In this case, the athlete must attend and represent his country at the Congress.

POSING MUSIC

Posing music must be on CD only and produced with good quality. The music should be cued from the start of the CD. Each competitor must affix his/her name on the cd for easy identification.

THE USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED!

VISA

Italy is a Member of EU. Please consult to the Italian Embassy in your country to determine if you need a visa. Upon a request an official invitation letter shall be issued and signed by WBPF Italia. Please note, that the visa administration process can take 3-4 weeks. If you need help for visa administration, please send the scanned copy of your passport to WBPF Italia and please ensure that it is more than 6 months valid.

Last minute request will not be entertained by the Organizing committee!

ADDRESS / CONTACT OF THE ORGANIZING COMMITTEE

WBPF Italia
23846 Garbagnate Monastero, LC
S.statale 36 km 36 n2
Italy
E-mail: vittoriopanzeri@gmail.com
Tel 0039 031851614
Cell 0039 3345686012

ATTACHMENTS

Preliminary Entry Form
Final Entry Form
Media Accreditation Form

